

MY VISION

A bubble map is a brainstorming tool to visually see ideas.

Reflect on this question from motivational speaker Trent Shelton & write down your answers in the bubbles.

Imagine that years from now, your children or grandchildren are assigned a school project to talk to an adult who lived through the pandemic. What would you like to be able to tell them about how you got through this period of history? How you thrived, grew or coped well?

